

Prescribing errors of high carbohydrate medications for patients on the Ketogenic Diet (table 1)

Medication	Carbohydrate	Dose	Carbohydrate Delivered
Levetiracetam liquid 100 mg/mL	200 mg of CHO/mL	250 mg BID	1000 mg of CHO/day
Phenytoin 50 mg chewable tablets	473 mg of CHO/tablet	50 mg BID	946 mg of CHO/day
Phenytoin 50 mg chewable tablets	473 mg of CHO/tablet	100 mg BID	1892 mg of CHO/day
Lacosamide 10 mg/mL	178.5 mg of CHO/mL	200 mg BID	7140 mg of CHO/day
Topiramate 6 mg/mL	410 mg of CHO/mL	24 mg BID	3,280 mg of CHO/day
Zonisamide 20 mg/mL	460 mg of CHO/mL	125 mg per day	2875 mg of CHO/day
Acetaminophen 160 mg/5 mL	4000 mg CHO/5 mL	650 mg x1	16,000 mg of CHO/dose
Ibuprofen 100 mg/5 mL	630 mg of CHO/5 mL	400 mg x1	2520 mg of CHO/dose
Ibuprofen 100 mg/5 mL	630 mg of CHO/5 mL	800 mg x1	5040 mg of CHO/dose