



Improving Patient Understanding of EEG Procedures

As a healthcare provider, you play a crucial role in ensuring your patients fully understand EEG procedures. This resource provides practical guidance to effectively communicate the process, interpret results, and discuss potential outcomes. By empowering your patients with knowledge, you can foster trust, improve engagement, and enhance overall clinical outcomes.

Preparing for and Scheduling an EEG

What to Expect

- ✓ Briefly explain the practice of EEG
- ✓ Purpose of the EEG in the patient's specific case
- ✓ Explain how the EEG will be conducted (mention the non-invasiveness)

How to Prepare

- ✓ Explain patient prep (ideal clothing, hair prep)
- ✓ Explain what the patient can expect during intake, during the EEG, and afterward
- ✓ Next steps after EEG is complete

Delivering Results and Next Steps

Clear Communication Findings

- ✓ Describe the results in layman's terms
- ✓ Use visual aids (charts, graphs, or EEG printouts)

Diagnosis and/or Next Steps

- ✓ Potential diagnoses based on EEG results and symptoms
- ✓ Discuss further testing or procedures if necessary

Encourage Patient Participation

- ✓ Invite the patient and/or caregiver(s) to ask questions
- ✓ Address concerns
- ✓ Ensure the patient and/or caregiver(s) understand the information provided

What the Results Mean

- ✓ Deliver a detailed interpretation of the findings
- ✓ Discuss possible causes for abnormal results
- ✓ Explain how the results correlate with symptoms

Treatment

- ✓ Recommended treatments or interventions
- ✓ Discuss pros and cons of each option

Provide Emotional Support and Resources

- ✓ Address emotional reactions (anxiety, fear, relief, concern)
- ✓ Offer support resources (counselors, support groups, etc.)
- ✓ Reassure the patient and/or caregiver(s) about the availability of ongoing support

Conclusion

Summarize Key Points

- ✓ Briefly recap appointment
- ✓ Emphasize important takeaways

Next Steps and Follow-up

- ✓ Outline next steps clearly
- ✓ Schedule follow-up appointments or further testing
- ✓ Provide contact information for future questions or concerns